

PERSONAL MEDICAL HISTORY

Please Circle yes or no

- Cancer yes no
- Allergies yes no
- Arthritis yes no
- Asthma yes no
- Diabetes yes no
- Heart Disease yes no
- High Cholesterol yes no
- High Blood P. yes no
- Immune disease yes no
- Thyroid Disease yes no
- Nerve Disorder yes no
- Eye Disease yes no
- Eye surgery yes no
- Cataracts yes no
- Glaucoma yes no

Are you pregnant or nursing yes no
Other health issues?

Height _____ Weight _____

Check most appropriate:

Tobacco use:

- Never smoked _____
- Former smoker _____ Stopped in _____(yr)
- Packs Per day _____ Started in _____(yr)
- Smokeless Tobacco user _____

Alcohol Use:

- No use _____
- Social Use _____
- 1-2 drinks/day _____
- Alcohol Dependence _____

Narcotic drug use:

- None _____
- Recreational use _____
- Dependence _____

CURRENT MEDICATIONS

Please list all your medications

____ **I am not taking medications at this time.**

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Current Primary Care Doctor:

MD's name _____

Phone # _____

Allergies to medications? Please list:

- _____
- _____
- _____

FAMILY MEDICAL HISTORY

If anyone in your family has the following then please provide their relationship to you.

- Blindness _____
- Cataracts _____
- Glaucoma _____
- Diabetes _____
- Heart disease _____
- High Blood Pressure _____
- Macular Degeneration _____

Do you experience...

Please check the ones which apply to you

- Burning Itching
- Distance Blur Reading Blur
- Light Sensitive Spots/Floaters
- watering Redness
- Dryness Light Flashes
- Mattering Headaches
- Computer Vision Strain

Are you interested in...

- Contacts Yes No
- Computer Eyewear Yes No
- Prescription Sunwear Yes No
- Sports Eyewear Yes No
- Safety Eyewear Yes No
- Reading Eyewear Yes No

Do you ...

Wear Contact lenses? Yes No

Throw them away every?

Day 2 weeks month other

Sleep in your lenses?

Always Occasionally Never

Experience all day comfort?

Always Sometimes Never

Solution Brand _____

Signature: _____ **Date:** _____

Eye Health & Wellness Screening

We now offer tests which screen eyes for **Retinal Disease** and **Macular Degeneration**. We recommend these as diagnostic and baseline test for everyone over 25 and highly recommend them if there is any history of eye disease in the family. These findings are saved in your record for baseline documentation and future reference. We encourage updating these screenings every 3 years. While your insurance may cover a routine eye examination they do not cover test for screening purposes. The fee for the **Eye Health & Wellness Screening** is **\$32.00**.

_____ Yes, I do want the Eye Health & Wellness Screening _____ No Thanks